

# North Macedonia

## POPULATION AND DEMOGRAPHICS

|                                         |      |           |
|-----------------------------------------|------|-----------|
| Total Population                        | 2024 | 1,823,009 |
| Women of reproductive age (15–49 years) | 2024 | 408,081   |
| Adolescents (10–19 years)               | 2024 | 212,643   |
| Under-five year olds                    | 2024 | 91,268    |
| Total number of births                  | 2024 | 16,587    |
| Host: UN Population Division            |      |           |



|                                                                                              |      |                                    |
|----------------------------------------------------------------------------------------------|------|------------------------------------|
| Maternal mortality ratio (Host: UN Maternal Mortality Estimation Inter-agency Group (MMEIG)) | 2020 | 3.0 deaths per 100 000 live births |
| Stillbirth rate (Host: WHO GHO)                                                              | 2021 | 3.8 per 1000 total births          |
| Neonatal mortality rate (Host: UN Interagency Group on Mortality Estimates)                  | 2022 | 2.2 deaths per 1000 live births    |
| Under-five mortality rate (Host: UN Interagency Group on Mortality Estimates)                | 2022 | 4.6 deaths per 1000 live births    |
| Adolescent mortality rate                                                                    | 2021 | 22.7 deaths per 100 000 population |
| Total fertility rate (Host: UN Population Division)                                          | 2024 | 1.5 live births per woman          |

| CROSS-CUTTING SRMNAH                                                                                                                  |   | Sexual & Reproductive                                                                                                              | Maternal | Newborn | Child | Adolescent |
|---------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------|----------|---------|-------|------------|
| National policy to improve quality of care for health services                                                                        |   | ●                                                                                                                                  | ●        | ●       | ●     | ●          |
| National policy on free access to health services in the public sector                                                                |   | -                                                                                                                                  | ●        | ●       | ●     | ●          |
| National law guarantees universal access to primary health care                                                                       | ● | Country has a dedicated law on reproductive rights                                                                                 |          |         |       | ○          |
| Country has ratified the Convention on the Rights of the Child (Source: Database of the United Nations Office of Legal Affairs (OLA)) | ● | Country has dedicated child rights/welfare act or law                                                                              |          |         |       | ●          |
| National law requires every birth to be registered                                                                                    | ● | National policy to ensure engagement of civil society organisation representatives in national level planning of RMNCAH programmes |          |         |       | ●          |
| National law requires every death to be registered                                                                                    | ● | National coordinating body that looks at RMNCAH or its components                                                                  |          |         |       | ●          |

## SEXUAL AND REPRODUCTIVE HEALTH

|                                                            |   |                                                                                                   |   |
|------------------------------------------------------------|---|---------------------------------------------------------------------------------------------------|---|
| National policy/guideline on reproductive health care      | ● | National policy/guideline on cervical cancer                                                      | ● |
| National policy/guideline on family planning/contraception | ● | Comprehensive national cervical cancer prevention and control policy/guideline                    | ● |
| National policy/guideline on abortion*                     | ● | Includes HPV vaccination program                                                                  | ● |
| National policy/guideline on infertility/fertility care    | - | Includes screening for cervical pre-cancer lesions                                                | ● |
| National policy/guideline on pre-conception care           | - | National policy/guideline on sexually transmitted infections diagnoses, treatment and counselling | ○ |
| National policy/guideline on menopause                     | - |                                                                                                   |   |

For additional data on sexual and reproductive health, go to <https://www.un.org/en/development/desa/population/theme/family-planning/index.asp>

\* For more information on abortion policies, go to <https://abortion-policies.srhr.org/>

## VIOLENCE AGAINST WOMEN

|                                                                            |   |
|----------------------------------------------------------------------------|---|
| National policy that references violence against women                     | ● |
| National guidelines to address violence against women in the health sector | ● |

● Yes ○ No - Unknown/no data N/A Not applicable



SEXUAL, REPRODUCTIVE, MATERNAL, NEWBORN, CHILD AND ADOLESCENT HEALTH POLICY SURVEY 2018–2019

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## MATERNAL AND NEWBORN HEALTH

### COVERAGE

|                                                                                                                   |      |        |
|-------------------------------------------------------------------------------------------------------------------|------|--------|
| Antenatal care coverage – at least 4 visits (Host: UNICEF and WHO-Reproductive Health and Research)               | 2019 | 95.7%  |
| Births attended by skilled health personnel (Host: UNICEF global databases)                                       | 2021 | 100.0% |
| Women who had postnatal contact with health provider within 2 days of delivery (Host: UNICEF global databases)    | 2019 | 93.5%  |
| Newborns who had postnatal contact with health provider within 2 days of delivery (Host: UNICEF global databases) | 2019 | 98.6%  |
| Newborns put to the breast within one hour of birth (Host: UNICEF global databases)                               | 2019 | 9.5%   |

### POLICY / LAW / GUIDELINE

|                                                                                                |   |
|------------------------------------------------------------------------------------------------|---|
| National policy/guideline on antenatal care recommends at least 8 visits                       | ● |
| National policy/guideline on right of every women to have access to skilled care at childbirth | ● |
| National policy/guideline on postnatal care for mothers and newborns                           | - |
| National policy/guideline on management of low birthweight and preterm newborns                | - |
| National policy/guideline/law that requires neonatal deaths to be reviewed                     | - |
| National standards for the management of newborn infants with severe illness                   | - |
| National policy/guideline/law requiring all maternal deaths to be reviewed                     | - |
| National policy/guideline/law that requires stillbirths to be reviewed                         | - |

## CHILD HEALTH

### RISK / MORBIDITY / COVERAGE

|                                                                                                                              |      |       |
|------------------------------------------------------------------------------------------------------------------------------|------|-------|
| Children under-five years with acute respiratory infection taken to health facility (Host: UNICEF global databases)          | 2006 | 93.0% |
| Children under-five years with diarrhea receiving oral rehydration salts and Zinc                                            | -    | -     |
| Prevalence of stunting among children under five (Host: UNICEF/WHO/World Bank joint child malnutrition estimates)            | 2022 | 3.7%  |
| Prevalence of overweight among children under-five years of age (Host: UNICEF/WHO/World Bank joint child malnutrition es...) | 2022 | 9.9%  |
| Children under-5 who are developmentally on track (Host: Global SDG Indicators Database)                                     | 2019 | 81.8% |

### POLICY / LAW / GUIDELINE

|                                                                                                              |     |
|--------------------------------------------------------------------------------------------------------------|-----|
| National policy/guideline on management of childhood pneumonia                                               | -   |
| National policy/guidelines on management of childhood diarrhea recommends treatment with ORS, Zinc and fluid | N/A |
| National policy/guideline on management of acute malnutrition in children                                    | -   |
| National policy/guideline on routine assessment of children for overweight or obesity in health facilities   | -   |
| National policy/guideline on early childhood development (ECD)                                               | ○   |
| National policy/guideline on IMCI                                                                            | -   |
| National clinical standards for the management of children with severe illness in hospitals                  | -   |

## ADOLESCENT HEALTH

|                                                                                          |                        |                         |                            |                        |                                         |                        |     |
|------------------------------------------------------------------------------------------|------------------------|-------------------------|----------------------------|------------------------|-----------------------------------------|------------------------|-----|
| National policy/guideline that specifically addresses adolescent health issues           |                        |                         |                            |                        |                                         |                        | ●   |
| National adolescent health programme                                                     |                        |                         |                            |                        |                                         |                        | -   |
| Includes: At least one designated full-time person                                       |                        |                         |                            |                        |                                         |                        | N/A |
| Includes: Regular government budget allocation                                           |                        |                         |                            |                        |                                         |                        | N/A |
| National standards for Health Promoting Schools                                          |                        |                         |                            |                        |                                         |                        | -   |
| Implementation of standards is monitored                                                 |                        |                         |                            |                        |                                         |                        | N/A |
| National standards for delivery of health services to adolescents                        |                        |                         |                            |                        |                                         |                        | -   |
| Implementation of standards is monitored                                                 |                        |                         |                            |                        |                                         |                        | N/A |
| Legal age limit for                                                                      | Contraceptive services | Emergency contraception | HIV testing and counseling | HIV care and treatment | Harm reduction for injecting drug users | Mental health services |     |
| Unmarried adolescents to provide consent, without parental/legal guardian consent        | ●                      | ●                       | ●                          | ●                      | ●                                       | -                      |     |
| Married adolescents to provide consent to the following services without spousal consent | -                      | -                       | -                          | -                      | -                                       | -                      |     |

For additional country profiles on adolescent health, go to

<https://platform.who.int/data/maternal-newborn-child-adolescent-ageing/static-visualizations/adolescent-country-profile>

For additional country profiles on maternal, newborn and child health, go to <http://countdown2030.org/>