

# Cameroon

## POPULATION AND DEMOGRAPHICS

|                                         |      |            |
|-----------------------------------------|------|------------|
| Total Population                        | 2024 | 29,123,744 |
| Women of reproductive age (15–49 years) | 2024 | 7,148,687  |
| Adolescents (10–19 years)               | 2024 | 6,709,138  |
| Under-five year olds                    | 2024 | 4,443,698  |
| Total number of births                  | 2024 | 971,107    |

Host: UN Population Division

|                                                                                              |      |                                      |
|----------------------------------------------------------------------------------------------|------|--------------------------------------|
| Maternal mortality ratio (Host: UN Maternal Mortality Estimation Inter-agency Group (MMEIG)) | 2020 | 437.8 deaths per 100 000 live births |
| Stillbirth rate (Host: WHO GH0)                                                              | 2021 | 18.9 per 1000 total births           |
| Neonatal mortality rate (Host: UN Interagency Group on Mortality Estimates)                  | 2022 | 26.2 deaths per 1000 live births     |
| Under-five mortality rate (Host: UN Interagency Group on Mortality Estimates)                | 2022 | 69.8 deaths per 1000 live births     |
| Adolescent mortality rate                                                                    | 2019 | 155.8 deaths per 100 000 population  |
| Total fertility rate (Host: UN Population Division)                                          | 2024 | 4.3 live births per woman            |



## CROSS-CUTTING SRMNCAL

| National policy to improve quality of care for health services                                                                        |   | N/A                                                                                                                                | N/A | N/A | N/A | N/A |
|---------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------|-----|-----|-----|-----|
| National policy on free access to health services in the public sector                                                                |   | -                                                                                                                                  | ○   | ○   | ○   | ○   |
| National law guarantees universal access to primary health care                                                                       | ○ | Country has a dedicated law on reproductive rights                                                                                 |     |     |     | ○   |
| Country has ratified the Convention on the Rights of the Child (Source: Database of the United Nations Office of Legal Affairs (OLA)) | ● | Country has dedicated child rights/welfare act or law                                                                              |     |     |     | ○   |
| National law requires every birth to be registered                                                                                    | ● | National policy to ensure engagement of civil society organisation representatives in national level planning of RMNCAH programmes |     |     |     | ●   |
| National law requires every death to be registered                                                                                    | ● | National coordinating body that looks at RMNCAH or its components                                                                  |     |     |     | ●   |

## SEXUAL AND REPRODUCTIVE HEALTH

|                                                            |   |                                                                                                   |   |
|------------------------------------------------------------|---|---------------------------------------------------------------------------------------------------|---|
| National policy/guideline on reproductive health care      | ● | National policy/guideline on cervical cancer                                                      | ● |
| National policy/guideline on family planning/contraception | ● | Comprehensive national cervical cancer prevention and control policy/guideline                    | ● |
| National policy/guideline on abortion*                     | ○ | Includes HPV vaccination program                                                                  | ● |
| National policy/guideline on infertility/fertility care    | ● | Includes screening for cervical pre-cancer lesions                                                | ● |
| National policy/guideline on pre-conception care           | ○ | National policy/guideline on sexually transmitted infections diagnoses, treatment and counselling | ● |
| National policy/guideline on menopause                     | ● |                                                                                                   |   |

For additional data on sexual and reproductive health, go to <https://www.un.org/en/development/desa/population/theme/family-planning/index.asp>

\* For more information on abortion policies, go to <https://abortion-policies.srhr.org/>

## VIOLENCE AGAINST WOMEN

|                                                                            |   |
|----------------------------------------------------------------------------|---|
| National policy that references violence against women                     | ● |
| National guidelines to address violence against women in the health sector | ● |

● Yes ○ No - Unknown/no data N/A Not applicable



World Health Organization

SEXUAL, REPRODUCTIVE, MATERNAL, NEWBORN, CHILD AND ADOLESCENT HEALTH POLICY SURVEY 2018–2019

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## MATERNAL AND NEWBORN HEALTH

### COVERAGE

|                                                                                                                   |      |       |
|-------------------------------------------------------------------------------------------------------------------|------|-------|
| Antenatal care coverage – at least 4 visits (Host: UNICEF and WHO-Reproductive Health and Research)               | 2019 | 64.9% |
| Births attended by skilled health personnel (Host: UNICEF global databases)                                       | 2018 | 69.0% |
| Women who had postnatal contact with health provider within 2 days of delivery (Host: UNICEF global databases)    | 2018 | 58.9% |
| Newborns who had postnatal contact with health provider within 2 days of delivery (Host: UNICEF global databases) | 2018 | 60.4% |
| Newborns put to the breast within one hour of birth (Host: UNICEF global databases)                               | 2018 | 48.4% |

### POLICY / LAW / GUIDELINE

|                                                                                                |   |
|------------------------------------------------------------------------------------------------|---|
| National policy/guideline on antenatal care recommends at least 8 visits                       | ● |
| National policy/guideline on right of every women to have access to skilled care at childbirth | ● |
| National policy/guideline on postnatal care for mothers and newborns                           | ● |
| National policy/guideline on management of low birthweight and preterm newborns                | ● |
| National policy/guideline/law that requires neonatal deaths to be reviewed                     | ● |
| National standards for the management of newborn infants with severe illness                   | ● |
| National policy/guideline/law requiring all maternal deaths to be reviewed                     | ● |
| National policy/guideline/law that requires stillbirths to be reviewed                         | ● |

## CHILD HEALTH

### RISK / MORBIDITY / COVERAGE

|                                                                                                                              |      |       |
|------------------------------------------------------------------------------------------------------------------------------|------|-------|
| Children under-five years with acute respiratory infection taken to health facility (Host: UNICEF global databases)          | 2018 | 29.8% |
| Children under-five years with diarrhea receiving oral rehydration salts and Zinc (Host: UNICEF global databases)            | 2018 | 7.7%  |
| Prevalence of stunting among children under five (Host: UNICEF/WHO/World Bank joint child malnutrition estimates)            | 2022 | 26.9% |
| Prevalence of overweight among children under-five years of age (Host: UNICEF/WHO/World Bank joint child malnutrition es...) | 2022 | 10.5% |
| Children under-5 who are developmentally on track (Host: Global SDG Indicators Database)                                     | 2014 | 61.2% |

### POLICY / LAW / GUIDELINE

|                                                                                                              |   |
|--------------------------------------------------------------------------------------------------------------|---|
| National policy/guideline on management of childhood pneumonia                                               | ● |
| National policy/guidelines on management of childhood diarrhea recommends treatment with ORS, Zinc and fluid | ● |
| National policy/guideline on management of acute malnutrition in children                                    | ● |
| National policy/guideline on routine assessment of children for overweight or obesity in health facilities   | ○ |
| National policy/guideline on early childhood development (ECD)                                               | ● |
| National policy/guideline on IMCI                                                                            | ● |
| National clinical standards for the management of children with severe illness in hospitals                  | ● |

## ADOLESCENT HEALTH

|                                                                                          |                        |                         |                            |                        |                                         |                        |     |
|------------------------------------------------------------------------------------------|------------------------|-------------------------|----------------------------|------------------------|-----------------------------------------|------------------------|-----|
| National policy/guideline that specifically addresses adolescent health issues           |                        |                         |                            |                        |                                         |                        | ●   |
| National adolescent health programme                                                     |                        |                         |                            |                        |                                         |                        | ○   |
| Includes: At least one designated full-time person                                       |                        |                         |                            |                        |                                         |                        | N/A |
| Includes: Regular government budget allocation                                           |                        |                         |                            |                        |                                         |                        | N/A |
| National standards for Health Promoting Schools                                          |                        |                         |                            |                        |                                         |                        | -   |
| Implementation of standards is monitored                                                 |                        |                         |                            |                        |                                         |                        | N/A |
| National standards for delivery of health services to adolescents                        |                        |                         |                            |                        |                                         |                        | ●   |
| Implementation of standards is monitored                                                 |                        |                         |                            |                        |                                         |                        | ●   |
| Legal age limit for                                                                      | Contraceptive services | Emergency contraception | HIV testing and counseling | HIV care and treatment | Harm reduction for injecting drug users | Mental health services |     |
| Unmarried adolescents to provide consent, without parental/legal guardian consent        | ○                      | ○                       | ○                          | ○                      | ○                                       | ○                      |     |
| Married adolescents to provide consent to the following services without spousal consent | ○                      | ○                       | ○                          | ○                      | ○                                       | ○                      |     |

For additional country profiles on adolescent health, go to

<https://platform.who.int/data/maternal-newborn-child-adolescent-ageing/static-visualizations/adolescent-country-profile>

For additional country profiles on maternal, newborn and child health, go to <http://countdown2030.org/>